### How to Measure for the Perfect Waistbead Fit



### 1. Decide

Our beads are all made with a screw hook closing for easy fitting. In an effort to make the process simple we have developed a simple technique to assist with your waist beads purchase that's seamless and requires no tools.

We recommend waist beads fall around ones navel (belly button). We found this to be the most comfortable for every day wear and high enough to accantuate any figure.

## 03. Customize

Use your clothing size as a guide and adjust accordingly. Decide if you want to go up a size for the beads to fall below the waist or down a size to have the beads fall above the waist.

Note: Our beaded wire is non-elastic to provide a durable, quality product so always "lean loose" to give way to body changes.

#### Sizing Chart

US 0 US 2 US 4 US 6 US 8 US 10 US 12 US 14 US 16 US 18 US 20 US 22 US 24 28" 30" 31" 32" 34" 36" 37.5" 39.5" 41.5" 43.5" 46" 48" 50"

#### 04. Pick & Buy

- Look through our wide selection of designs
- Pick your favorite waist beads
- Add to your cart and purchase
- Track your purchase to delivery

# 02. Sizing

To make the customer shopping experience easy, our waist beads are made "true-to US clothing" sizing. To find your size, simply pick the same size you usually choose while shopping for clothes online or in-store. Find your size as indicated on the chart below.

Select the size without the need of using a measuring tape.

# SHOP NOW

#### www.eHELPbrands.com

